

# MUHAMMAD BEHROZ KHAN



Mailing Address: Peeples Stop Railway Road,  
University Town Peshawar.

Mob# +92-344-9282038

Email: [behrozekhalil8@gmail.com](mailto:behrozekhalil8@gmail.com)/[behroz.khan@numl.edu.pk](mailto:behroz.khan@numl.edu.pk)

## ■ ■ OBJECTIVE

*To seek a career position in a progressive organization which should be challenging and demanding where I can practice my repertoire and learnt new skills.*

## ■ ■ PERSONAL INFORMATION

✚ Father's Name: Muhammad Rose  
✚ Date of Birth: 14<sup>th</sup> Jan, 1992  
✚ Domicile: Peshawar  
✚ Marital Status: Single  
✚ Nationality: Pakistani  
✚ Religion: Islam  
✚ NIC: 17301-2516290-3

## ■ ■ ACADEMIC QUALIFICATION

Qualification	Year	BOARD / UNIVERSITY	Marks/CGPA
S.S.C	2008	Peshawar Board.	516/900
F. Sc	2011	Peshawar Board.	726/1100
BS (Psychology)	2016	Islamia College University Peshawar.	3.51/4.00
MS Clinical Psychology (CP)	2018	Bahria University, Islamabad.	3.63/4.00
PhD Psychology	2024	University of Peshawar	3.80/4.00

## ■ PUBLICATIONS:

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- Behroz Khan, M., & Irshad, E. (2024). Mediating role of illicit drug use between cognitive distortions and suicidal ideation among students. *Migration Letters*, 21(S14), 147–158. <https://migrationletters.com/index.php/ml/article/view/11168>
- In-text citations (APA) Dr. Qamruz Zaman, Dr. Muhammad Behroz Khan, Dr. Naveeda Sarwar, Dr. Musarrat Anwar, & Dr. Shahid Iqbal. (2025). Game of Likert Scale: When and Where to Use. 4(01), 1989–1997. Retrieved from <https://assajournal.com/index.php/36/article/view/688>
- Munir, Q., Khan, B., & Nisa, U. (2025). Social media addiction and body image distress among Pakistani university students: A cross-sectional survey. *Journal of Media Horizons*. <https://doi.org/10.5281/zenodo.17222490>
- Khan, B., Wahid, D., & Nisa, U. (2025). *A perspective of mental health practitioners on smartphone-mediated CBT interventions for obsessive compulsive disorder among Pakistani youth*. Center for Management Science Research. <https://doi.org/10.5281/zenodo.16932504>
- Zaman, Q., Khan, M. B., Sarwar, N., Irshad, M., Anwar, M., & Iqbal, S. (2025). *Survival analysis of career longevity in T-20 cricket*. **Competitive Research Journal Archive**, 3(3), 201–209.
- Sudhair Abbas, S., Gohar Abbas, S., Khan, M. B., & Iqbal, S. (2025). Artificial intelligence adoption and its impact on employee engagement and job performance in the pharmaceutical sector: Evidence from Khyber Pakhtunkhwa, Pakistan. *Social Sciences & Humanity Research Review*, 3(4). <https://doi.org/10.63468/>
- Khan, M. B., Iqbal, S., & Amin, A. (2026). Smartphone addiction as a predictor of marital dissatisfaction among married couples: A cross-sectional analysis. *The Journal of Research Review*, 3(1), 43–48. <https://thejrr.com/index.php/39/article/view/231>

## **CLINICAL INTERNSHIP EXPERIENCE:**

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- ✚ Four months internship as an **Internee Clinical Psychologist** in Shafique Psychiatric Clinic, Peshawar (18<sup>th</sup> June, 2015 to 18<sup>th</sup> October, 2015).
- ✚ Clinical Audit on Risk Assessment.
- ✚ Eight months internship as an **Internee Clinical Psychologist** in Well- being center, Bahria University, Islamabad (Oct, 2017 to June, 2018).
- ✚ Ten weeks internship as an **Internee Clinical Psychologist** in KRL Hospital (Dec, 2017 to Feb, 2018).
- ✚ Three months internship as an **Internee Clinical Psychologist** in CDA Hospital (July, 2018 to Sept, 2018).

## **PROFESSIONAL EXPERIENCE:**

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### **VISITING FACULTY**

- ✚ One Year working experience as a **Visiting Lecture Psychology** at Department of Psychology, University of Peshawar (Sept 2022 – Aug 2023).
- ✚ One semester working experience as a **Visiting Lecture Psychology** at Department of Computer Sciences, FAST – National University Peshawar Campus (August 2023 – December 2023).
- ✚ Working as a **Visiting Lecture Psychology** at Institute of Computer Science and Information Technology, University of Agriculture, Peshawar. (Sept 2019 – May 2024)

### **PERMANENT FACULTY**

- ✚ Four Years working experience as a **Lecture Psychology** at Department of Psychology, Abasyn University Peshawar (Oct, 2018 – Sept, 2022).
- ✚ Four Years working experience as an **Undergraduate Coordinator** at Department of Psychology, Abasyn University Peshawar (Oct, 2018 –

Sept, 2022).

- ✚ Two years, 5 months, and 19 days working experience as a **Lecture Psychology** in Higher Education Department at Government College Peshawar (Sept 2022 – February 2025).
- ✚ Presently working as an **Assistant Professor** at Department of Applied Psychology, National University of Modern Languages, Islamabad. (Feb, 2025 – Present).
- ✚ Along that working as a **Postgraduate Coordinator** at Department of Applied Psychology, National University of Modern Languages, Islamabad. (July, 2025 – Present).

## ■ ■ Workshops

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- ✚ Screening Brief Intervention and Referral for Treatment (SBIRT) - 12 Hours Training
- ✚ Substance Abuse Prevention Skills – 6 Hours Training

## ■ ■ Seminars

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- ✚ Seminar conducted on “Special Campaign Against Drugs Prevalence Educational Institutions” in collaboration with Anti-Narcotics Force – Regional office Peshawar
- ✚ Seminar conducted on “Strategies in Prevention of Drugs Abuse and Youth Delinquency in Government College Peshawar” in collaboration with Higher Education Department, Government of Khyber Pakhtunkhwa.
- ✚ Seminar conducted on “Mental Health and Stress Management” for National Accountability Bureau – Regional Office Peshawar.
- ✚ Seminar conducted on “Stress Management and Work-Life balance” for the employees of National Bank Pakistan – Peshawar Headquarter.

## ■ ■ COMPUTER SKILLS

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- ✚ MS Office
- ✚ SPSS
- ✚ Smart PLS 04

## ■ ■ LANGUAGES

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| ✚ English | Read, Write, Speak |
| ✚ Urdu    | Read, Write, Speak |
| ✚ Pashto  | Read, Write, Speak |

## ■ ■ REFERENCES

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**1. Dr. Muhammad Jahanzeb Khan**

Meritorious Professor, Department of Psychology  
University of Peshawar. Vice Chancellor, University of  
Science and Technology, Bannu Contact No: 0300-5532193  
Email: [yousafzai@uop.edu.pk](mailto:yousafzai@uop.edu.pk)

**2. Dr. Erum Irshad**

Professor, Department of Psychology - University of Peshawar. Contact no:  
0300-4371317  
Email: [erumirshad@uop.edu.pk](mailto:erumirshad@uop.edu.pk)

**3. Dr. Noshi Iram Zaman**

Senior Associate Professor, Department of Professional Psychology, Bahria  
University Islamabad.  
Contact no: 051-9261283  
Email: [noshi.zaman@bahria.edu.pk](mailto:noshi.zaman@bahria.edu.pk)